

I confess to almighty God,
and to you, my brothers and sisters,
that I have sinned through my own fault,
in my thoughts and in my words.
In what I have done,
and in what I have failed to do;
and I ask blessed Mary,
ever virgin,
all the angels and saints,
and you,
my brothers and sisters,
to pray for me to the Lord our God.
Amen